

AUSTIN FARM

Academy

Newsletter 29/09/2023

We are at the end of another jam-packed week and the children have continued to work very hard. Please see below to find out what they have been learning in class.

Today Mr Haring, CEO of Westcountry Schools Trust, came to visit the school; he was extremely impressed with the children's respectful attitudes and focus on their learning.

Accelerated Reader: All KS2 parents should now have had a letter inviting you to sign up to home connect. This will allow you to keep a track of your children's reading, which books they have read and

how they have done on their quizzes. Please encourage them to read at home and celebrate with them when they pass their quizzes!

I am glad that you have all been proudly sharing our OFSTED news online. Please follow this link to another lovely article celebrating our great news. <https://www.thedevondaily.co.uk/news/local-news/austin-farm-academy-small-school-big-heart-triumphs-latest-ofsted>

Bikeability week: Next week, Year 6 will be cycling outside in the mornings every day. Year 3 will have a session outside on Monday afternoon and EYFS will have balance bike sessions in the hall on Tuesday, Wednesday and Thursday. Please ensure your children are wearing suitable clothing and have a waterproof coat as they will go out even if it is raining. If the forecast is really bad, Year 6 children can bring a change of clothes to school.

Year 6: It is great to see that you are keen to come to school, however, please do not arrive before 8.30am; some of you are here much earlier than that. Parents please be aware that you are legally responsible for the safety of your children until 8.45am.

Reminder: as always, please do not drive or park on our school grounds at any time, this rule has been in place for years and is there to protect the safety of our children and families.

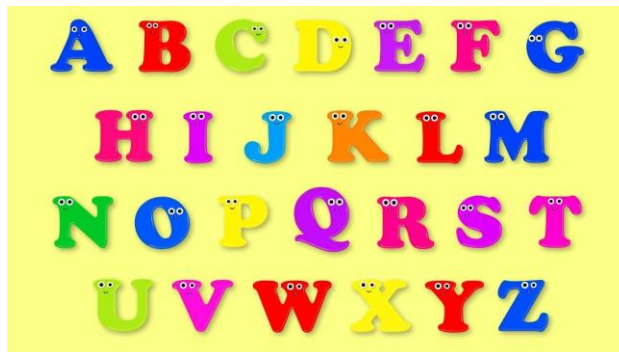
Thursday 5th October is Census day and we are putting on a special lunch - Bangers and creamy mash-made with real Devon potatoes! The children can choose to have this either with peas and gravy (Mrs Baptiste's favourite) or baked beans. As a one off, we are offering this lunch to any KS2 pupils who don't qualify for free school meals at a reduced cost of only £2! What a bargain!

I hope you all have a fantastic weekend!

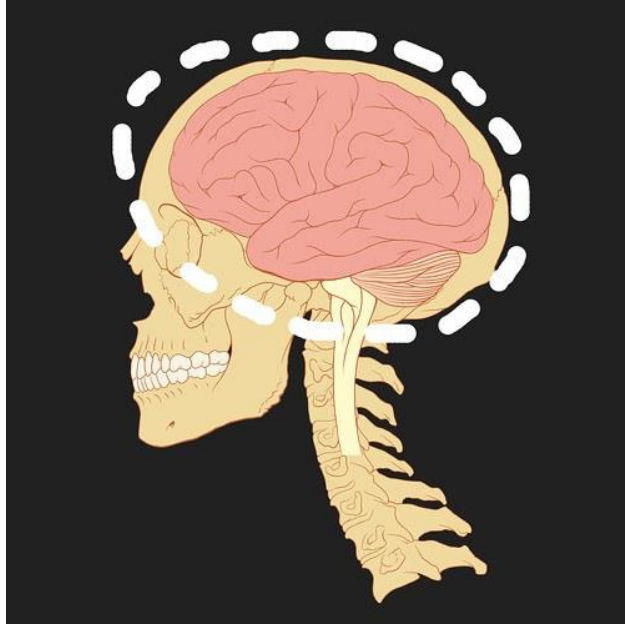




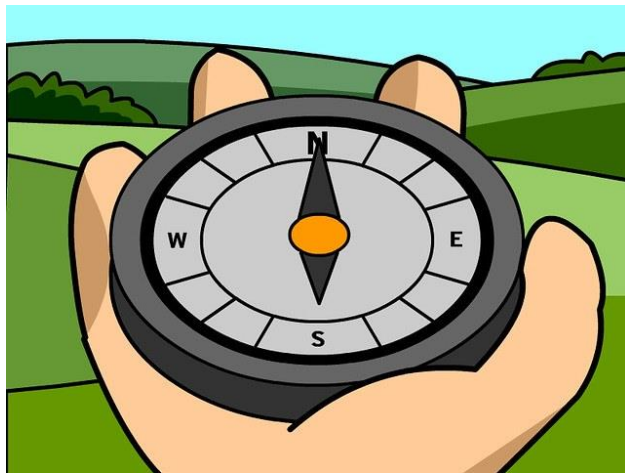
Foundation: we have been learning the sounds i, n and p. Please practise these at home with your child to help consolidate their learning. We have been talking about our character, (the gingerbread man) and have turned into him to answer questions like 'why did you run away from all the animals?'. In maths, we have been counting to 5 and learning to look for patterns of numbers to 5 like the arrangement of spots on a dice.



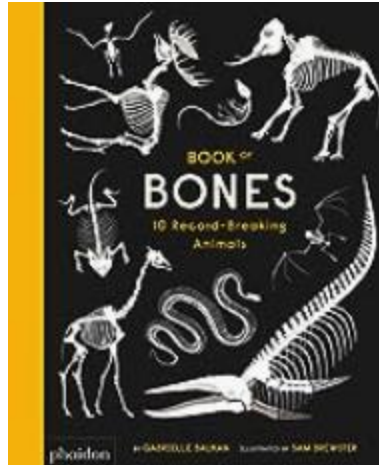
Year 1: we have writing our own version of the gingerbread man story for our progress write books and are very proud of our achievements! In maths, we have been trying out the symbols of greater than and less than. In science, we have explored how our eyes see an image and take information to our brain. We have also used feely bags to help us identify how our sense of touch helps us identify objects.



Year 2: we have been practicing our orienteering skills. We have been making and using trails around the playground in our PE lessons.



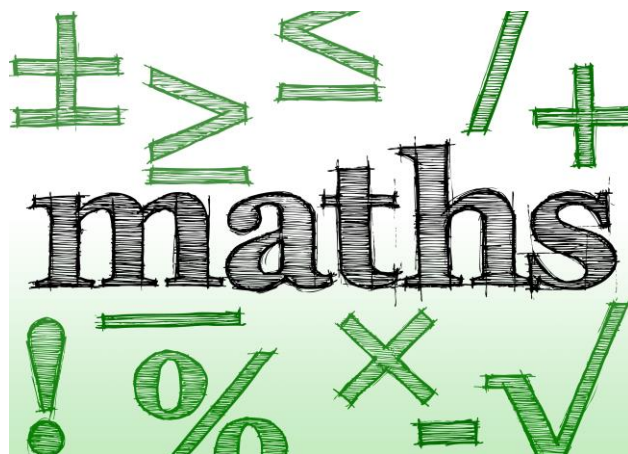
Year 3: we have been learning about the Pangolin in English ready to write our own version of 'Book of Bones'. In history we have been learning how the Egyptian era has change over time.



Year 4/5: in English, we have been co-constructing a poem all about flamingos. Next week we will begin to write independently a poem about crocodiles. Ask us about the poetic devices we will be using in our poetry. We have had another fantastic week - Well done Year 4/5!



Year 6: we have been trained as playleaders! On Monday, we all took part in training where we learned about the qualities of good leaders. In small groups, we then led an activity for our peers. Mr Howard (from the PSSP) was really pleased with the positive attitudes on display. In maths, we have been learning about factors and multiples and have really secured our knowledge; feel free to test us!!



Learners of the week, well done everyone!!

Foundation: F.Morgan

Year 1: K.Doyle

Year 2: L.Mann

Year 3: C.Ludgate

Year 4/5: D.Bejan

Year 6: L.Stidwill

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The attendance award goes to year 1 for getting 100% this week.



1 - Fantastic job everyone!!

School photos

Today the children will be bringing home another set of school photos. If you wish to pay by cash, please complete the order form and return it to the main office with the exact cash. These orders forms will be collected on Friday 6th October 2023. No orders will be taken after this date.

Dates to remember!!!



02/10/2023 - Bikeability - Please make sure consent forms are submitted.

16/10/2023 - Foodbank collection & Harvest Festival - please start donating food any time from 2nd October - details to follow.

17/11/2023 - Children in need day - Details to follow.

Children in Need day 17/11/2023



2 - Your child can come to school wearing something spotty!

Harvest festival suggested donations, we welcome these donations w/b 02/10/2023. Please bring donations to your child's class.



Long-life Fruit Juice

UHT Milk

Tinned Meat

Tinned Fish

Tinned Fruit

Tinned Custard / Rice Pudding

Tinned Tomatoes

Pasta Sauces

Cereal

Biscuits

Jams / Choco Spread / Peanut Butter

Coffee

Toiletries (Toothpaste, Shower Gel, Deodorants, Shampoo etc)

Please start sending your donations in from Monday 2nd October. Our Harvest Festival will be on Monday 16th October when the food will be blessed by Reverend Ann and Andrew from the Foodbank will come to collect our donations.

Bikeability 02/10/2023



Please make sure you have submitted your consent, your child cannot participate without it.

- **Bikeability Balance (Reception) - <https://forms.gle/Y5NifZEAuj1igrx39>**
- **Level 1 (Year 3) - <https://forms.gle/e21dBgw4g5qGYV9p7>**
- **Level 1 & 2 (Year 6) - <https://forms.gle/NQjaU4hx5ejVmGCN9>**

Menu Week 3

Week One						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Freshly Prepared Margarita Pizza	The Norse Beef Burger in a Bap with Homemade Salsa	Roast Chicken with Stuffing	Freshly Prepared Beef Bolognaise	Battered Fish Fillet	
Option 2 (v)	Quorn Burger in a Bap with Relish	Quorn Hot Dog in roll with Relish	Freshly Prepared Vegetable Lentil Loaf	Mediterranean Vegetable Bolognaise	Vegetable Fingers	
Sides	Baked Beans Crunchy Salad Herby Diced Potatoes	Sweetcorn, Homemade Coleslaw, Jacket Potato Wedges	Fresh Broccoli Fresh Carrots Roast or New Potatoes & Gravy	Green Beans Wholewheat Spaghetti & Crusty Bread	Baked Beans or Crunchy Vegetable Sticks Wholemeal Pasta or Chips	
And for pudding	Flapjack	Apple & Cinnamon Muffin	Organic Pip Ice Lolly	Chocolate Surprise Brownie	Homemade Custard Biscuit	
Packed lunch	Falafel, Spinach & Mango Chutney in a Wrap	Mini Ploughman's	Tuna Mayo & Cucumber Wrap	Cheese & Salad Sandwich	Ham & Salad Baguette	
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives					
Week starting:	17/04/23 – 08/05/23 – 05/06/23 – 26/06/23 – 17/07/23 – 18/09/23 – 09/10/23					

Week Two						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Freshly Prepared Mac & Cheese	Lemon Herb Chicken	Honey Roast Gammon & Pineapple	Norse's Butchers Sausages	Fishtastic Wrap	
Option 2 (v)	Freshly Prepared Roasted Vegetables Pasta Bake	Homity Pie	Homemade Cheese & Leek Parcels	Vegetarian Sausages	Haloumi Pizzola	
Sides	Green Beans, Fresh Sliced Carrots, & Crusty Bread	New Potatoes, Green Salad or Corn on the cob	Fresh Broccoli Fresh Carrots Roast or New Potatoes & Gravy	Baked Beans, Tomatoes & Hash Browns	Baked Beans or Crunchy Vegetable Sticks Wholemeal Pasta or Chips	
And for pudding	Berry Pancakes	Summer Fruit Salad	Gelato (Arctic Roll)	Chocolate Mousse	Organic Pip Ice Lolly	
Packed lunch	Egg Mayo & Cress Sandwich	Cheese & Salad Sandwich	Fish Finger Roll	BBQ Jackfruit & Lettuce Wrap	Ham & Salad Sandwich	
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives					
Week starting:	24/04/23 – 15/05/23 – 12/06/23 – 03/07/23 – 04/09/23 – 25/09/23 – 16/10/23					

Week Three						
	Monday	Tuesday	Wednesday	Thursday	Friday	
Option 1	Homemade Cheese Wheels	Meatballs in Tomato Sauce	Roast Loin of Pork & Apple Sauce	Bubble Salmon	Fish Fingers	
Option 2 (v)	Quorn Sausages	Veggie Balls in Tomato Sauce	Veggie Roast	Vegetable Enchilada	Sweet Potato, Spinach & Feta Frittata	
Sides	Baked Beans, Peas & Herby Diced Potatoes	Green Beans, Wholewheat Spaghetti & Crusty Bread	Fresh Broccoli Fresh Carrots Roast or New Potatoes & Gravy	Stir fry Vegetables & Potato Salad	Baked Beans or Crunchy Vegetable Sticks Wholemeal Pasta or Chips	
And for pudding	Orange & Sultana Oaty Cookie	Chocolate Cracknel	Fruit Jelly	Lemon Drizzle Cake	Organic Pip Ice Lolly	
Packed lunch	Egg Mayo & Salad Sandwich	Cheese & Salad Roll	Tuna Mayo & Salad Sandwich	Jays Sausage Roll & Veggie Sticks	Ham & Salad Baguette	
Available each day	Freshly Prepared Salad, Home Baked Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives					
Week starting:	01/05/23 – 22/05/23 – 19/06/23 – 10/07/23 – 11/09/23 – 02/10/23					

Social Media



Whilst it has been amazing to share are "GOOD" news on Social Media, we cant help but notice that a number of our children have accounts/profiles on Social Media. We advise parents/carers that there is an age restriction on Social Media and encourage you to be cautious.

Term time holidays- - Is it worth it ?



Mulitple families have now been issued fines from Plymouth County Council due to taking their child/ren out of school during term time. Please follow the link below to understand the charges and potential legal action that these holidays can result in.

[School attendance and absence | PLYMOUTH.GOV.UK](https://plymouth.gov.uk/school-attendance-and-absence)

Attendance.

Every moment in school counts, and days missed add up quickly. The higher a child's attendance, the more they are likely to learn, and the better they are likely to perform in exams and formal assessments. We are implementing new procedures to help parents get their children to school.

Do you know your child's attendance ?

95% Attendance - 2 whole weeks of school missed.

90% Attendance - 4 whole weeks of school missed.

85% Attendance - 6 whole weeks of school missed.

80% Attendance - 8 whole weeks of school missed.

75% Attendance - 9 plus whole weeks of school missed.

5 minutes late, does it really matter ?



Lateness = Lost Learning

(Figures below are calculated over a school year)

- **5 Minutes late each day - 3 days lost**
- **10 Minutes late each day - 6.5 days lost**
- **15 Minutes late each day - 10 days lost**

- 20 Minutes late each day - 13 days lost
- 30 Minutes late each day - 19 days lost

Term dates

WeST Term Dates

2023 to 2024

Aug 2023						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sep 2023						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Oct 2023						
M	T	W	T	F	S	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

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Nov 2023						
M	T	W	T	F	S	S
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19	20	21	22	23	24	25
26	27	28	29	30		

Dec 2023						
M	T	W	T	F	S	S
				1	2	3
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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Jan 2024						
M	T	W	T	F	S	S
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22	23	24	25	26	27	28
29	30	31				

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Feb 2024						
M	T	W	T	F	S	S
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18	19	20	21	22	23	24
25	26	27	28	29		

Mar 2024						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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Apr 2024						
M	T	W	T	F	S	S
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

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May 2024						
M	T	W	T	F	S	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Jun 2024						
M	T	W	T	F	S	S
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

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Jul 2024						
M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Important dates

To shade (or clear) cells in the month tables, select the cells to shade and then, on the Table Tools Design tab, choose Cell Shading.
To view this calendar with all formatting and layout, on the View tab, choose Reading View.

Autumn Term Dates Monday 4 September to Friday 20 October then Monday 30 October to Tuesday 19 December

Term 1 33 days Term 2 36 days School NPD Monday 4 WeST NPD Tuesday 5 September WeST NPD Monday 30 October

Spring Term Dates Wednesday 3 January to Friday 9 February then Monday 19 February to Thursday 28 March

Term 3 28 days Term 4 28 days WeST NPD Monday 19 February

Summer Term Dates Monday 15 April to Friday 24 May then Monday 3 June to Tuesday 23 July

Term 5 29 days Term 6 35 days School NPD Monday 22/23 July

Three Trust NPD's and three school NPD's. 189 teaching days in total.

Peach – holiday periods, Purple weekends, Green Trust NPD's, Blue School NPD's.

Children's Appointments!



SpaDental South-West

SpaDental Plymouth and SpaDental Saltash

invite children under 12 years of age

for NHS appointments

Book an appointment today!



To book an appointment, or for more information, please scan the QR code or visit the link:

<https://www.spadental.co.uk/for-patients/spadental-south-west-children/>

to complete the "contact us" form.

SpaDental Plymouth: 2 Hyde Park Rd, Mutley, PL3 4RJ

SpaDental Saltash: 77 Fore St, Saltash, PL12 6AF

Help your child keep healthy teeth for life.

spadental

Safeguarding posters

At National Online Safety we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children, should the need arise. This guide focuses on one platform of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

The Diane Award definition of bullying is "repeated negative behaviour that is intended to make others feel upset, uncomfortable or unsafe." Cyberbullying is bullying which takes place online. It can involve anything from sending messages by posting offensive comments by spreading and sharing private or embarrassing photos. It is classed as an indirect form of bullying when compared to verbal or physical bullying, given it usually takes place through a digital device. However, for those experiencing bullying behaviour, the consequences can be just as serious and have far reaching effects.

What schools need to know about

CYBERBULLYING

3 KEY ASPECTS OF BULLYING BEHAVIOUR

There are three key aspects of bullying behaviour, namely that it is repeated, negative and unwanted. These behaviours arise from the bully's intent to harm and humiliate the victim. Bullying behaviour can be intentional or unintentional. It is important to be aware of the intent of the bully, as this will help to determine the appropriate response. Bullying behaviour can be intentional or unintentional. It is important to be aware of the intent of the bully, as this will help to determine the appropriate response.

WHAT LEADS TO CYBERBULLYING

There are many factors that can lead to cyberbullying. These include the bully's personality, the victim's personality, the social context, and the digital environment. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration.

DIFFERENT DEVICES & CHANNELS

Cyberbullying can take place across any device connected to the internet which offers two way communication. This includes mobile phones, tablets, computers and social media. Cyberbullying can also take place through email, instant messaging, and video chat. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration.

SIGNS AND SYMPTOMS

Children who are bullied may show signs and symptoms of bullying. These include changes in behaviour, changes in appearance, and changes in academic performance. Children who are bullied may also show signs of emotional distress, such as anxiety, depression, and self-harm. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration.

#WakeUpWednesday

Tips for School Staff

TAKE A WHOLE SCHOOL APPROACH

To having a whole school approach to cyberbullying, it is important to involve all members of the school community. This includes teachers, staff, students, and parents. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration.

BUILD CONFIDENCE IN DEALING WITH INCIDENTS

This can be achieved by having clear policies and procedures in place. Staff should be trained to deal with incidents of cyberbullying. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration.

USE CHILDREN AND YOUNG PEOPLE AS A RESOURCE

Children are often the best resource for dealing with cyberbullying. They can be trained to recognize and report incidents of cyberbullying. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration.

UNDERSTAND THE CAUSES OF BULLYING

As previously mentioned, sometimes those who are bullied the bullying are in need of support. This can be achieved by having clear policies and procedures in place. Staff should be trained to deal with incidents of cyberbullying. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration.

ENSURE ALL STAFF KNOW THEIR ROLES AND RESPONSIBILITIES

All staff have a role to play in educating and supporting children who are bullied. This can be achieved by having clear policies and procedures in place. Staff should be trained to deal with incidents of cyberbullying. Cyberbullying can be a result of a bully's desire to harm or humiliate the victim, or it can be a result of a bully's desire to gain power or status. Cyberbullying can also be a result of a bully's desire to express their anger or frustration.

#HATE

#BULLY

Ask For Help

For further support, advice or guidance to support your students at school, or to sign up to our FREE Anti Bullying Ambassadors training events, head to www.antibullyingpro.com

www.nationalonlineinsafety.com

Twitter - @nationalonline

Facebook - NationalOnlineSafety

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