

# AUSTIN FARM

## Academy

### Newsletter 26/01/2024

Dear Parents/Carers,

As we come to the end of another busy week, the children have worked so hard despite the nasty winter colds that have been spreading across the school. Lots of classes are either doing, or planning for, their end of unit writes in English and I have seen so many examples of fantastic work. Of particular note were Year 4/5's persuasive letters and Year 3's river stories. We always make a book or display of their final pieces, so please ask the class teachers if you would like to read their amazing work. Please see below for what else they have been learning.

Year 2 really enjoyed their first Walk Wise session on Tuesday and these valuable workshops will be continuing for the next 6 weeks.

You may have received a library book reminder slip, please try to find any books you might have at home, we can't afford to lose the amount of books that are currently missing from the library and Read, Write, Inc lessons.

Please remember: **school starts at 8.45am**; make sure you are in the playground before then so your child is ready to go into class when the teachers come to collect them. There are an increasing number of families who arrive at school at 8.50 or 8.55; this means that by the time they are actually in their classrooms, they have missed the register and morning learning activities. You may think that 5 or 10 minutes don't matter but children really dislike walking into class when everyone else is already busy and they don't know what they are doing because they've missed the instructions. See below for the impact of lateness over the course of a year. Please remember to call in before 9am if your child will be absent.

On Monday you were sent a letter from Rob Haring CEO of West Country School's Trust regarding school governance. Please see the message below from the chair of our school's HAB.

My name is Rob Frankow and I am the chair of HAB 4, which the school is part of. We moved to the new style of governance 12 months ago and in that time, we have been working hard to put procedures and processes in place and, most importantly, getting to know all the schools in our HAB. We are now moving forward and refining our responsibilities of what local governance looks like in WeST. I hope to give regular updates via the school newsletter and become more visible in the school community. There are opportunities for you to be involved in the HAB model of governance, if you have an interest or passion in education where every child matters you can contact me via the school office. Thanks Rob.

I hope you have a great weekend,

Mrs Baptiste

5 minutes late, does it really matter ?



Lateness = Lost Learning

(Figures below are calculated over a school year)

- **5 Minutes late each day - 3 days lost**
- **10 Minutes late each day - 6.5 days lost**
- **15 Minutes late each day - 10 days lost**

- **20** Minutes late each day - **13** days lost
- **30** Minutes late each day - **19** days lost










**Foundation:** this week in English, we have been retelling our favourite part of the story 'How to Wash a Woolly Mammoth through drawings and using our Read Write Inc sounds to sound out and write words to label them. We have also continued to learn about Chinese New Year celebrations and made our own lanterns.

**Year 1:** in Year 1 this week, we have been planning our independent instructions in English based on an animal that each of the children have chosen. Just like the book we are reading, we have included adjectives and verbs to make our instructions creative and funny. In History, we have continued our learning on the Great Fire of London and we have found out the reasons why the fire spread so quickly and lasted so long.

**Year 2:** there has been great excitement in Year 2 as we have begun our Walkwise sessions. Unfortunately the weather meant we couldn't go out and about but had great fun doing our first session in the hall. Hopefully next week the weather will be kind and we can begin practising our road safety skills in the local area.



**Year 3:** once again, we've had another busy week in Year 3. In maths, we've been learning our multiplication facts for the times tables and using related facts to multiply by 10. We are using what we have already learned in previous lessons and are drawing arrays to solve multiplication problems we are unsure of. In science, we have been looking at the properties of rocks and have started to ask whether they are permeable/impermeable, if they have high or low density, and whether they are hardwearing.

Composition		Texture and Properties	
Detrital Sedimentary Rocks			
Shale	Fine rock fragments smaller than 1/16 mm	Clay-sized particles that cannot be differentiated by the naked eye. May be fissile, splits into distinctive layers	
Sandstone	Medium rock fragments between 1/16 mm and 2 mm	Composed of sand-sized rock fragments. The fragments can vary in mineralogy, including mainly quartz, along with feldspar, and clay	
Breccia	Coarse, angular rock fragments ranging in size, with the largest >2 mm	Poorly sorted mixture of rock fragments, including angular or sub-angular pebbles	
Conglomerate	Coarse, rounded rock fragments ranging in size, with the largest >2 mm	Poorly sorted mixture of rock fragments, including rounded or sub-rounded pebbles	
Chemical and Biochemical Rocks			
Limestone	Calcite crystals or microcrystalline calcite	Masses of large, interlocking calcite crystals or microscopic crystals not visible with the naked eye	
Fossiliferous Limestone	Calcareous skeletal fragments of coral or shells	Consisting of fossils or fossil fragments	
Oolitic Limestone	Calcite concretions, formed around sand or shell fragments	Aggregates of oolites, small spherical calcite concretions	
Chert	Cryptocrystalline Quartz	Microcrystalline polymorphs of quartz, formed by the recrystallization of siliceous skeletons. Conchoidal fracturing; scratches glass	
Rock Salt	Halite and sylvite crystals	Fine- to coarse-grained crystalline structure, with a salty taste and cubic cleavage	

**Year 4/5:** have been working on their persuasive writing skills, creating very convincing and strong arguments to get a professional footballer to run a club at our school. The focus from the children was extraordinary and I was so happy with the quality of the writing! Well done super stars!



**Year 6:** we have been developing our knowledge of decimals in Maths, using colons and semi-colons in English and showing off our dancing skills in PE. Mrs Bradley (a dance specialist) was SO impressed with our motif and new sections of our dance. In Science, we conducted a yeast experiment and had faces of amazement when the balloon blew up as a result of the chemical reaction.



**Foundation:**

**The attendance award goes to yr 5 for getting 98.5% this week. Well done !**

**Learners of the week, well done everyone!!**



**Foundation: A-R Philips**

**Year 1: L.McCoulough**

**Year 2: O.Oliver**

**Year 3: S.Cassidy**

**Year 4: L.Grayson**

**Year 5: P.Sellwood**

**Year 6: A.Lefter**

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## **Dates to remember!!!**



**09.02.24 - Mufti Day for Catholic Children's society - money donations please.**

**26.02.24 - Yr 6 and Foundation height and weight measurement. ALL children are opted in, please return the form to opt out of this.**

**07.03.24 - World book day - dress as a book character and bring in your favourite book to read with friends.**

**15.03.24 - Comic Relief - Red Nose Day - Wear as much red as you can!**

**16.04.24 - Primary school offer from admissions**

**23.04.23 - Deadline to accept Primary school offers.**



## Foundation/ Yr 6 - Height and Weight



Letters went out Wednesday 13th December 2023. **ALL** children are opted in to this measuring programme, please only return the form if you wish to **OPT OUT** of this programme.

## Menu Week 1

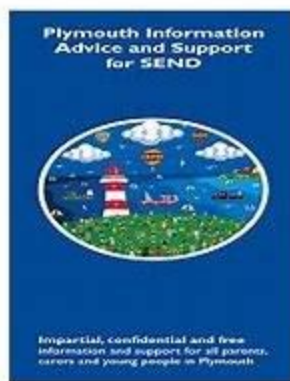
Week One					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Faccacia Margherita	Chicken Katsu Curry & Rice	Roast Gammon Steak & Pineapple	Meatballs in a Ragù sauce	Fish Fingers
Option 2 (v)	Veggie Bean Wrap	Cheese & Potato Pie	Vegetarian Plait	Veggie Balls in a Ragù Sauce	Veggie Nuggets
Sides	Herby Glazed Potato Colcaille or Sweetcorn	Peas Baked Beans	Roast Potato Broccoli & Carrots Gravy	Spaghetti Green beans & Crusty bread	Chips or Wholemeal Pasta Peas or Baked Beans
And for pudding	Pancakes with Banana & Honey	Chocolate Surprise Brownie	Oat and Sultana Cookie	Apple Crumble & Custard	Pip Organic Lollies
Jackpot Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative.				
Week starting:	30/10/23; 20/11/23; 11/12/23; 08/01/24; 29/01/24; 26/02/24; 18/03/24				

Week Two					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese	Butchers Sausages & Gravy	Roast Chicken with Sage and Onion Stuffing	Beef Lasagne	Filet of Fish
Option 2 (v)	Tomato & Basil Pasta Bake	Vegetarian Sausages & Gravy	Yorkshire Pudding Stuffed with Quorn Pieces	Vegetarian Lasagne	Cheese Omelette
Sides	Broccoli & Garlic Bread	Creamed Potatoes & Carrots	Roast Potato Broccoli & Carrots Gravy	Colcaille or Green Beans & Crusty bread	Chips or Wholemeal Pasta Peas or Baked Beans
And for pudding	Crispy Chocolate Cornflake Cake	Peach Sponge & Custard	Arctic roll	Shortbread Biscuit & Fresh Fruit salad	Pip Organic Lollies
Jackpot Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative.				
Week starting:	06/11/23; 27/11/23; 18/12/2023; 15/01/24; 05/02/24; 04/03/24; 25/03/24				

Week Three					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & Tomato Pizza Pocket	Fish Pie	Roast Pork & Apple Sauce	Beef Bolognaise	Junbo Fish Finger
Option 2 (v)	Vegetable Fajita	Cheese Whewek & Wholemeal Pasta	Quorn and Leek Pastry Puff	Mediterranean Vegetable Bolognaise	Veggie Fingers
Sides	Potato Wedges Sweetcorn or Winter Colcaille	Peas Baked Beans	Roast Potato Broccoli & Carrots Gravy	Penne Pasta Green beans & Crusty bread	Chips or Wholemeal Pasta Peas or Baked Beans
And for pudding	Strawberry Mousse	Sticky Toffee Cake & Sauce	Fruit Jelly	Chocolate Crunch & Chocolate Sauce	Pip Organic Lollies
Jackpot Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative.				
Week starting:	13/11/23; 04/12/23; 01/01/24; 22/01/24; 19/02/24; 11/03/24				



1 - [Plymouth Information Advice and Support for SEND. - Supplying you with information, advice and support \(plymouthias.org.uk\)](http://plymouthias.org.uk)



We are delighted to have 20% off all February Roadshows for an extremely limited time and can use code **EARLYBIRDFEB**

<https://officialsoccerschools.co.uk/argyle/courses/plymouth-holiday.html>

**5 day pass for all roadshows only £80 (save £30) and even more saving with the discount code - direct link below (only limited spaces).** [Book P3- PAFC Roadshow Week Pass - February Half Term from Argyle Community Trust \(officialsoccerschools.co.uk\)](https://officialsoccerschools.co.uk)

**Monday 12th February**

Home Park / HarpersFootball SpecialICCGirls OnlyICCFootball RoadshowManadonPDC/COE Training day

**Tuesday 13th February**

Manadon Strikers and GoalkeepersWemburyFootball RoadshowLipson Multi Sports

**Wednesday 14th February**

ManadonFootball RoadshowManadon Girls OnlyManadonMulti SportsWembury

Plymstock SchoolGymnastics Day

Futsal Roadshow

**Thursday 15th February**

ICCStrikers and GoalkeepersICCGirls Only

Lipson Vale PrimaryMulti Sports

**Friday 16th February**

Home Park/HarpersFootball SpecialHome Park / HarpersGirls Football Special

Charlie HardcastleArgyle Community TrustPlymouth and South Devon Sports Participation LeadPlymouth and South Devon Centre of Excellence Manage

Term time holidays- - Is it worth it ?



**Mulitple families have now been issued fines from Plymouth County Council due to taking their child/ren out of school during term time. Please follow the link below to understand the charges and potential legal action that these holidays can result in.**

### **Attendance.**

**Every moment in school counts, and days missed add up quickly. The higher a child's attendance, the more they are likely to learn, and the better they are likely to perform in exams and formal assessments. We are implementing new procedures to help parents get their children to school.**



Aug 2024						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
Sep 2024						
M	T	W	T	F	S	S
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23	24	25	26	27	28	29
30						
Oct 2024						
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			
Nov 2024						
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4	5	6	7	8	9	10
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18	19	20	21	22	23	24
25	26	27	28	29	30	
Dec 2024						
M	T	W	T	F	S	S
						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					
Jan 2025						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
Feb 2025						
M	T	W	T	F	S	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		
Mar 2025						
M	T	W	T	F	S	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						
Apr 2025						
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21	22	23	24	25	26	27
28	29	30				
May 2025						
M	T	W	T	F	S	S
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19	20	21	22	23	24	25
26	27	28	29	30	31	
Jun 2025						
M	T	W	T	F	S	S
						1
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16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						
Jul 2025						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Key: Peach - holiday periods; light green - weekends; blue - Trust NPDs; yellow - School NPDs

Important dates

Autumn Term Dates: Monday 2 September to Friday 25 October, then Monday 4 November to Friday 20 December

Term 1 40 days (inc. School NPD Mon 2 Sept and WeST NPD Tues 3 Sept)

Term 2 35 days

Spring Term Dates: Monday 6 January to Friday 14 February, then Monday 24 February to Friday 4 April

Term 3 30 days (inc. School NPD Monday 6 January)

Term 4 30 days

Summer Term Dates: Tuesday 21 April to Friday 23 May, then Monday 2 June to Tuesday 22 July (Note: NPDs on Mo 21 and Tu 22 Jul '25 are disaggregated for staff twilight training throughout the year. The last day of the academic year for students and staff is Friday 18 July 2025)

Term 5 23 days

Term 6 37 days

## Children's NHS Dentist

### Children's Appointments!

**NHS** SpaDental South-West

SpaDental Plymouth and SpaDental Saltash  
invite children under 12 years of age  
for NHS appointments  
Book an appointment today!



To book an appointment, or for more information, please scan the QR code or visit the link:  
<https://www.spadental.co.uk/for-patients/spadental-south-west-children/>  
to complete the "contact us" form.

SpaDental Plymouth: 2 Hyde Park Rd, Mutley, PL3 4RJ  
SpaDental Saltash: 77 Fore St, Saltash, PL12 6AF

Help your child keep healthy teeth for life.

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[Plymouth Information Advice and Support for SEND. - Supplying you with information, advice and support \(plymouthias.org.uk\)](https://plymouthias.org.uk)

## Safeguarding posters

At National Online Safety, we believe in empowering parents, carers and school adults with the information they need to build an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one platform of many which we believe treated adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

*"The industry, as far as we can see as families, are grooming the next generation with a whole set of online games and these are aimed at 7, 8, 9 year olds - that's the next generation who are going to be their income generators" - Li Ritchie, Gambling With Lives*

The digital world that we live in can be a minefield for families and parents/carers. The way in which children 'game' now is completely different to how modern day parents and carers would have experienced. The 'monetization' of gaming is at the forefront of research and there are increasing concerns surrounding online gaming and the subsequent links this has with underage gambling.

### From ONLINE GAMING to ONLINE GAMBLING

#### Recognising the Signs

##### 10 Signs for Parents to Look For:

- 1. EXCESSIVE USE OF DEVICES**  
This can lead to increased isolated behaviour and lying about the amount of time spent online.
- 2. SPENDING MONEY ONLINE WITHOUT PERMISSION**  
If a child is willing to spend money online regularly on a parent's credit without permission that this should act as an early warning sign for parents to ensure that there are more barriers and parental controls in place.
- 3. CHANGES IN BEHAVIOUR**  
Children may become moody, aggressive or argumentative particularly during or shortly after periods of online gaming.
- 4. A CHANGE IN ATTITUDE TO SCHOOL**  
Children may display an obvious change in attitude to learning and a more negative view of school.
- 5. DISENGAGED WITH FAMILY LIFE**  
Children start to prefer spending time alone online rather than engage in normal family activities.
- 6. COMPULSIVE EATING**  
This includes both eating the wrong types of food excessively and not eating healthily.
- 7. IMPATIENT**  
Not prepared to wait for anything (increased in excessive online game play and in app purchases) and nothing is ever good enough.
- 8. 'THE LOOK'**  
Compulsive gamblers are often said to look 'zoned out', have a glazed, look in, experience loss of weight and stop taking care in their appearance. The same can be said of those who are starting to develop a gaming addiction.
- 9. OBSESSIVE BEHAVIOUR**  
Children who demonstrate obsessive behaviour in everyday life are often reported to be at risk of developing an online gaming disorder.
- 10. DISHONESTY**  
This could include starting to tell lies and in the more extreme cases even stealing things.

##### 10 Top Tips for Parents:

- 1. BE AWARE**  
Do not fall into the trap that it's just what children do - as parents/carers/families be on the same page and do not be allowed to be played off against one another.
- 2. VISIT THE GP**  
Although both gaming/gambling addictions are now recognised as a mental disorder, some doctors may not be experts in these areas - families can still refer to their GP and Gaming and Gambling Clinic.
- 3. DO YOUR RESEARCH**  
See what help and support is available. Visit [www.gamfam.co.uk](http://www.gamfam.co.uk) and become an expert.
- 4. SPEAK TO THE SCHOOL**  
Have an open and honest conversation. Schools are investing heavily in mental health and can arrange or direct you to the most appropriate support services.
- 5. TAKE AN ACTIVE INTEREST**  
This applies to school work and in creating a learning environment at home. Find activities and hobbies that create a life away from the screen and be part of it.
- 6. BECOME THE EXPERT**  
Research the game your child is playing - does the game have loot boxes?
- 7. PUT BARRIERS IN PLACE**  
Set up parental controls for all devices (including phones) and set up screen time. Visit the 'Partnership with Parents' section at [www.gamfam.co.uk](http://www.gamfam.co.uk) for further details.
- 8. FINANCIAL CONTROLS**  
Turn off in-app purchases. Do not link your debit/credit card to your child's device and use a prepaid card instead. For example World, Go Henry, Ninko or speak to your bank for advice.
- 9. DISCUSS LOOT BOXES AND SKIN BETTING**  
Have a conversation about loot boxes and skin betting. Many games can still be played and completed without using loot boxes on the console version but be mindful of the mobile versions.
- 10. DO NOT LEND MONEY FOR GAMBLING**  
Or if you think it will be used for online gaming, without your permission.

The above guidance has been produced by

**National Online Safety** **GamFam**

[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) Twitter: @nationalonlinesafety Facebook: /NationalOnlineSafety Instagram: @nationalonlinesafety

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