

# AUSTIN FARM

## Academy

### Newsletter 08/03/2024

Dear Parents/Carers,

This week after a rainy start, we finally saw the sunshine - which brightens everyone's mood. The children have continued to apply themselves well to their learning, please see below what they have done in their classes this week.

Year 4 completed their swimming lessons and we are so proud of their progress. Their confidence has soared and we hope that some of them will continue by joining local swimming lessons - they have had so much fun.

Year 2 completed the last of their road safety sessions - please see pictures below of them proudly showing their certificates. They have behaved fantastically and were a credit to the school. Ask them what they have learnt about being safe when walking to and from school.

Yesterday, was World Book Day and we had a school full of book characters and clues to favourite stories. Please see below for photos of the fantastic costumes and our children sharing their favourite books with each other. Make sure your child has brought home the book token to get a free book or money off a book.

Today, Year 6 had their 3rd sustainability workshop; they are really thinking about ways to solve issues they see around them and how we can all live a more sustainable life.

On Wednesday night, all the staff went to other schools within WeST to compare writing and whilst we always have areas for the children to work on (mostly handwriting and spelling - please keep helping them to learn their spellings homework and encouraging correct letter formation when they write at home). The teachers were pleased to report that our children's flair and use of ambitious vocabulary is really developing well.

Next week, on Friday 15th March is Red Nose Day. Please come in to school wearing as much (or as little) red as you want. We are not able to sell red noses here so please buy them from the usual official retailers. Donations for wearing red will be gratefully received and collected for Comic Relief by the school.

Parents evenings - please return your slips for parent's evenings and you will be sent a reply with an appointment time on it. If you haven't got one yet, please check your child's bag or ask the teachers. It is important to know how your child is progressing and show them that we all value their education.

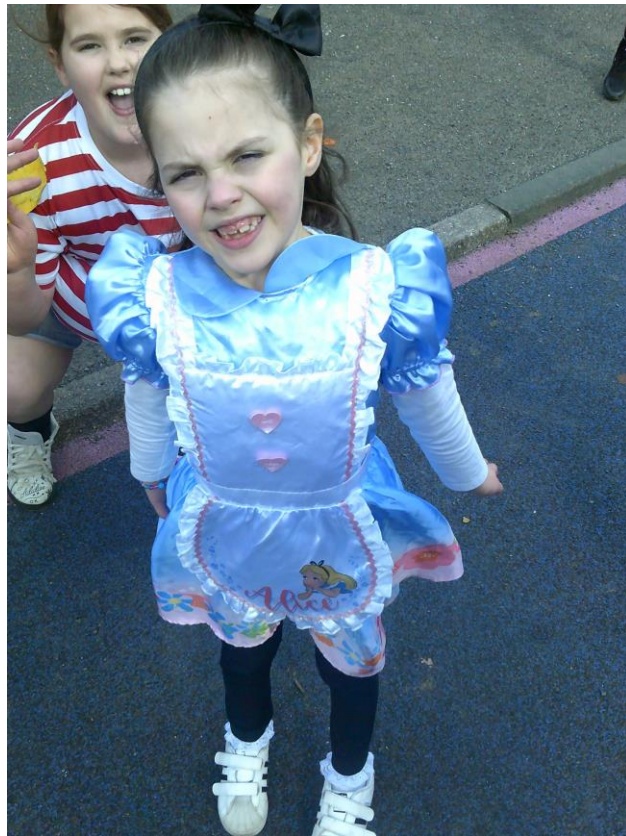
I hope you all have a fantastic weekend,











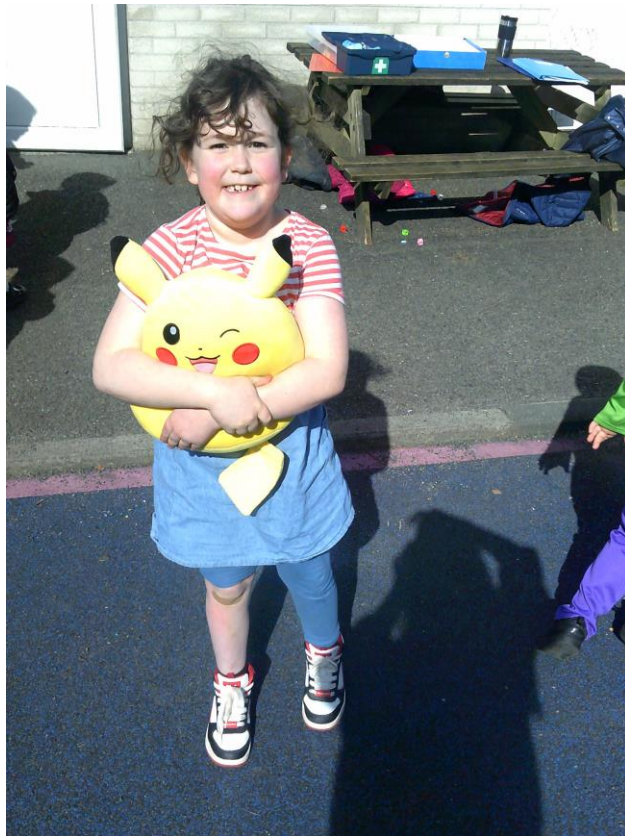


















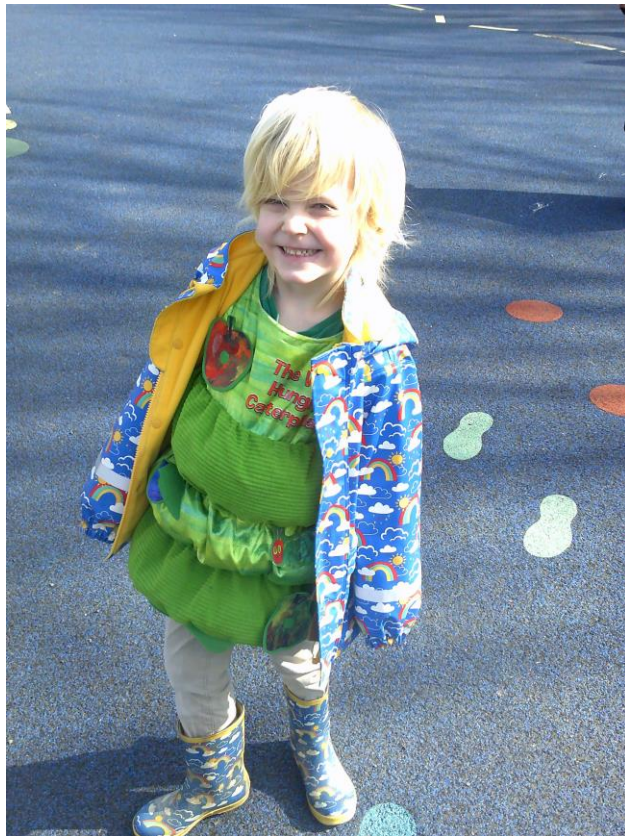
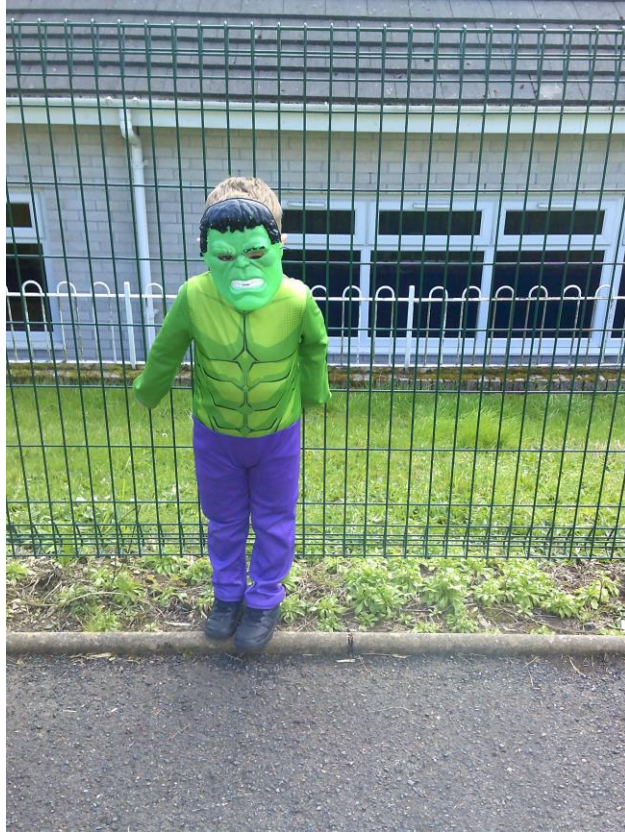




















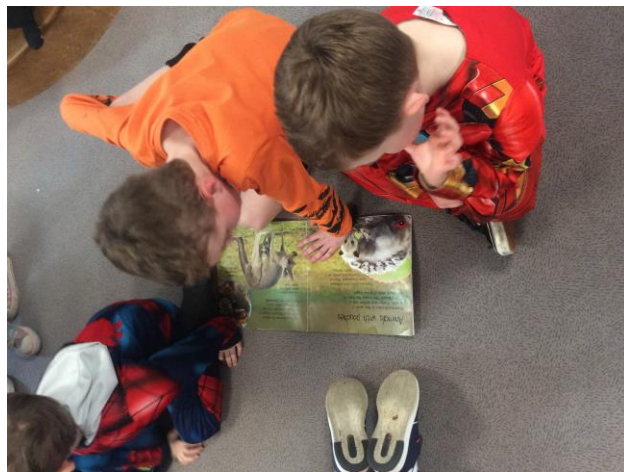






















**Foundation:** Children have enjoyed reading the non-fiction text 'Hot and Cold'. They have had fun exploring ice during child-initiated play, there were lots of discussions on how to melt the ice. They decided the best way to do this was to add warm water. They also each wrote a lovely simple sentence about one of the photographs from the text.



**Year 1:** Children have continued to learn about 'The weather' in science. This week we investigated rain, the children used non-fiction texts to deepen their understanding to why it rains. They then enjoyed following step-by-step instructions on how to make a rain gauge of their own. We placed the

rain gauges in the Foundation playground and checked them at the same time every day and recorded the results.



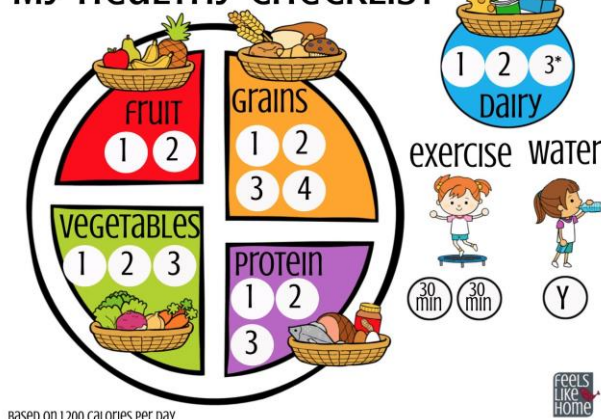
**Year 2:** The children have finished their Walkwise sessions. They have loved learning all about road safety and will really miss getting out and about on a Tuesday morning.



**Year 3:** In SMSC, our Healthy Me! unit has allowed us to consider how the calories we get from the foods we eat provide us with the energy we need to work, grow, and exercise. We also discussed the importance of exercise to stay healthy and understand that for our bodies to be in balance (healthy) we need to take in the right amount of energy and do the right amount of activity. Did you know, we should all exercise for at least 1 hour every day?



## MY HEALTHY CHECKLIST



**Year 4/5:** This week the children have been learning more techniques to improve their descriptive writing skills. During Jigsaw they have continued their 'Healthy Me' unit by learning about first aid. The children had a brilliant time in the hall learning how to get their partner correctly into the recovery position. Well done everyone!



**Year 6:** In Year 6, we have begun our tennis unit in PE and carried on with our Rugby unit also. We are showing great independence as well great independent skills. In English, we have begun writing our class explanation on The Tellyscope, invented by the ingenious Wallace and Gromit. In Maths, we have had to show pure perseverance with line graphs, which we found tricky at first. I have been really proud of all of Year 6's resilience this week – we have upped our revision in preparation for SATs and they are rising to the challenge!

[Tellyscope - Cracking Contraptions - Wallace and Gromit \(youtube.com\)](https://www.youtube.com/watch?v=...)



Learners of the week, well done everyone!!



**Year 1: K.Turner**

**Year 2:**

**Year 3: P.Curran**

**Year 4: B.Hutson**

**Year 5: P.Sellwood**

**Year 6: O.McCoy**

**The attendance award goes to yr 3 for getting 96% this week. Well done !**





## Dates to remember!!!



**15.03.24 - Comic Relief - Red Nose Day - Wear as much red as you can!**

**18.03.24 - Easter hamper, Mrs Pickard will be on the playground (weather depending) to sell the squares - £1 per square**

**19.03.24 - All years parents evening.**

**20.03.24 - All years parents evening.**

**26.03.24 - Yr 6 hoodies ordered and paid deadline.**

**28.3.24 - Last day of the Spring term.**

**16.04.24 - Primary school offer from admissions**

**23.04.23 - Deadline to accept Primary school offers.**

**26.06.24 - Sports day on the field (weather dependent) gates open at 12.30 .**

**03.07.24 - Reserve Sports day on the field (weather dependent) gates open at 12.30.**

## Menu Week 3

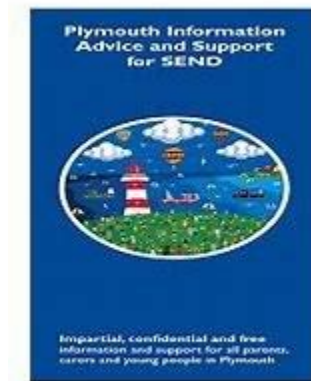
Week One					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Facciotta Margherita	Chicken Katsu Curry & Rice	Roast Gammon Steak & Pineapple	Meatballs in a Ragu sauce	Fish Fingers
Option 2 (v)	Veggie Bean Wrap	Cheese & Potato Pie	Vegetarian Plait	Veggie Balls in a Ragu Sauce	Veggie Nuggets
Sides	Herby Glazed Potato Colcannon or Sweetcorn	Peas Baked Beans	Roast Potato Broccoli & Carrots Gravy	Spaghetti Green beans & Crusty bread	Chips or Wholemeal Pasta Peas or Baked Beans
And for pudding	Pancakes with Banana & Honey	Chocolate Surprise Brownie	Oat and Sultana Cookies	Apple Crumble & Custard	Pip Organic Lollies
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative.				
Week starting:	30/10/23; 20/11/23; 11/12/23; 08/01/24; 29/01/24; 26/02/24; 16/03/24				

Week Two					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Macaroni Cheese	Butchers Sausages & Gravy	Roast Chicken with Sage and Onion Stuffing	Beef Lasagne	Filet of Fish
Option 2 (v)	Tomato & Basil Pasta Bake	Vegetarian Sausages & Gravy	Yorkshire Pudding Stuffed with Quorn Pieces	Vegetarian Lasagne	Cheese Omelette
Sides	Broccoli & Garlic Bread	Creamed Potatoes & Carrots	Roast Potato Broccoli & Carrots Gravy	Colcannon or Green Beans & Crusty bread	Chips or Wholemeal Pasta Peas or Baked Beans
And for pudding	Crispy Chocolate Cornflake Cake	Peach Sponge & Custard	Arctic roll	Shortbread Biscuit & Fresh Fruit salad	Pip Organic Lollies
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative.				
Week starting:	06/11/23; 27/11/23; 18/12/2023; 15/01/24; 05/02/24; 04/03/24; 25/03/24				

Week Three					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Cheese & Tomato Pizza Pocket	Fish Pie	Roast Pork & Apple Sauce	Beef Bolognaise	Jumbo Fish Finger
Option 2 (v)	Vegetable Fajita	Cheese Whiz & Wholemeal Pasta	Quorn and Leek Pastry Puff	Mediterranean Vegetable Bolognaise	Veggie Fingers
Sides	Potato Wedges Sweetcorn or Winter Colcannon	Peas Baked Beans	Roast Potato Broccoli & Carrots Gravy	Penne Pasta Green Beans & Crusty bread	Chips or Wholemeal Pasta Peas or Baked Beans
And for pudding	Strawberry Mousse	Sticky Toffee Cake & Sauce	Fruit Jelly	Chocolate Crunch & Chocolate Sauce	Pip Organic Lollies
Jacket Potato	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna	Cheese, Beans or Tuna
Available each day	Freshly Prepared Salad, Fresh Bread & Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternative.				
Week starting:	11/11/23; 04/12/23; 01/01/24; 22/01/24; 19/02/24; 11/03/24				



1 - [Plymouth Information Advice and Support for SEND](https://plymouthias.org.uk). - Supplying you with information, advice and support ([plymouthias.org.uk](https://plymouthias.org.uk))



Amputee | Grass Frame Users | Mental Health | Deafness | Dwarfism | ADHD  
Down Syndrome | Autism | Learning disability | Cerebral Palsy

# PEM FC

## Free Coaching Sessions For Pan Disability Football

HAVE FUN

MAKE NEW FRIENDS



PLAY FOOTBALL

BE ACTIVE

**Date:** Sunday 7<sup>th</sup> April & Sunday 14<sup>th</sup> April 1000 - 1200

**Location:** Dean Cross fields, Plymstock, PL9 7AZ

**Public Transport:** Bus Route 1A, 2, 5, 5A (Broadway)

**Organisers:** Lee Ellis, Chris Marsh, Kev Treeby, Luke Mornington

**Facilities:** Toilets, bar, tea, coffee, snacks, limited parking

We are a newly established friendly football club looking for new players to join our pan-disability organisation (boys & girls) All abilities are welcome! No obligation to join permanently & it's completely free.

**Email:** [Pemfootball@hotmail.com](mailto:Pemfootball@hotmail.com)

**Telephone:** 07877236083 (not WhatsApp)

Ages 5-11 / Ages 12-14 / Ages 15-18 / Ages 19+



Scan QR code to register or click [Pemfootball.co.uk](#)



Term time holidays- - Is it worth it ?



**Mulitple families have now been issued fines from Plymouth County Council due to taking their child/ren out of school during term time. Please follow the link below to understand the charges and potential legal action that these holidays can result in.**

5 minutes late, does it really matter ?



Lateness = Lost Learning

(Figures below are calculated over a school year)

- **5 Minutes late each day - 3 days lost**
- **10 Minutes late each day - 6.5 days lost**
- **15 Minutes late each day - 10 days lost**

- **20** Minutes late each day - **13** days lost
- **30** Minutes late each day - **19** days lost

## Attendance.

**Every moment in school counts, and days missed add up quickly. The higher a child's attendance, the more they are likely to learn, and the better they are likely to perform in exams and formal assessments. We are implementing new procedures to help parents get their children to school.**

### **Do you know your child's attendance ?**

95% Attendance - 2 whole weeks of school missed.

90% Attendance - 4 whole weeks of school missed.

85% Attendance - 6 whole weeks of school missed.

80% Attendance - 8 whole weeks of school missed.

75% Attendance - 9 plus whole weeks of school missed.

[School attendance and absence | PLYMOUTH.GOV.UK](#)



Term dates

WeST Term Dates

2023 to 2024

Aug 2023						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Sep 2023						
M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Oct 2023						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					


**Important dates**  
To shade (or clear) cells in the month tables, select the cells to shade and then, on the Table Tools Design tab, choose Cell Shading.  
To view this calendar with all formatting and layout, on the View tab, choose Reading View.

**Autumn Term Dates Monday 4 September to Friday 20 October then Monday 30 October to Tuesday 19 December**  
Term 1 33 days Term 2 30 days School NPD Monday 4/WeST NPD Tuesday 5 September/ WeST NPD Monday 30 October

**Spring Term Dates Wednesday 3 January to Friday 9 February then Monday 19 February to Thursday 28 March**  
Term 3 28 days Term 4 28 days WeST NPD Monday 19 February

**Summer Term Dates Monday 15 April to Friday 24 May then Monday 3 June to Tuesday 23 July**  
Term 5 28 days Term 6 35 days School NPD Monday 22/23 July

Three Trust NPD's and three school NPD's. 189 teaching days in total.  
Peach – holiday periods, Purple weekends, Green Trust NPD's, Blue School NPDs.

Aug 2024						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sep 2024						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Oct 2024						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

	Nov 2024								----------	----	----	----	----	----	----		M	T	W	T	F	S	S					1	2	3			4	5	6	7	8	9	10		11	12	13	14	15	16	17		18	19	20	21	22	23	24		25	26	27	28	29	30												Dec 2024								----------	----	----	----	----	----	----		M	T	W	T	F	S	S								1		2	3	4	5	6	7	8		9	10	11	12	13	14	15		16	17	18	19	20	21	22		23	24	25	26	27	28	29		30	31								Jan 2025								----------	----	----	----	----	----	----		M	T	W	T	F	S	S				1	2	3	4	5		6	7	8	9	10	11	12		13	14	15	16	17	18	19		20	21	22	23	24	25	26		27	28	29	30	31											
	Feb 2025								----------	----	----	----	----	----	----		M	T	W	T	F	S	S							1	2		3	4	5	6	7	8	9		10	11	12	13	14	15	16		17	18	19	20	21	22	23		24	25	26	27	28													Mar 2025								----------	----	----	----	----	----	----		M	T	W	T	F	S	S							1	2		3	4	5	6	7	8	9		10	11	12	13	14	15	16		17	18	19	20	21	22	23		24	25	26	27	28	29	30		31									Apr 2025								----------	----	----	----	----	----	----		M	T	W	T	F	S	S			1	2	3	4	5	6		7	8	9	10	11	12	13		14	15	16	17	18	19	20		21	22	23	24	25	26	27		28	29	30													
	May 2025								----------	----	----	----	----	----	----		M	T	W	T	F	S	S					1	2	3	4		5	6	7	8	9	10	11		12	13	14	15	16	17	18		19	20	21	22	23	24	25		26	27	28	29	30	31												Jun 2025								----------	----	----	----	----	----	----		M	T	W	T	F	S	S								1		2	3	4	5	6	7	8		9	10	11	12	13	14	15		16	17	18	19	20	21	22		23	24	25	26	27	28	29		30									Jul 2025								----------	----	----	----	----	----	----		M	T	W	T	F	S	S			1	2	3	4	5	6		7	8	9	10	11	12	13		14	15	16	17	18	19	20		21	22	23	24	25	26	27		28	29	30	31												

Key: Peach - holiday periods; light green - weekends; blue - Trust NPDs; yellow - School NPDs

Important dates

Autumn Term Dates: Monday 2 September to Friday 25 October, then Monday 4 November to Friday 20 December

Term 1 40 days (inc. School NPD Mon 2 Sept and WeST NPD Tues 3 Sept)

Term 2 35 days

Spring Term Dates: Monday 6 January to Friday 14 February, then Monday 24 February to Friday 4 April

Term 3 30 days (inc. School NPD Monday 6 January)

Term 4 30 days

Summer Term Dates: Tuesday 21 April to Friday 23 May, then Monday 2 June to Tuesday 22 July (Note: NPDs on Mo 21 and Tu 22 Jul '25 are disaggregated for staff twilight training throughout the year. The last day of the academic year for students and staff is Friday 18 July 2025)

Term 5 23 days

Term 6 37 days

## Children's NHS Dentist

### Children's Appointments!

**NHS** SpaDental South-West

SpaDental Plymouth and SpaDental Saltash  
invite children under 12 years of age  
for NHS appointments  
Book an appointment today!



To book an appointment, or for more information, please scan the QR code or visit the link:  
<https://www.spadental.co.uk/for-patients/spadental-south-west-children/>  
to complete the "contact us" form.

SpaDental Plymouth: 2 Hyde Park Rd, Mutley, PL3 4RJ  
SpaDental Saltash: 77 Fore St, Saltash, PL12 6AF

Help your child keep healthy teeth for life.

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[Plymouth Information Advice and Support for SEND. - Supplying you with information, advice and support \(plymouthias.org.uk\)](https://plymouthias.org.uk)